# **NVC** Workshop and Sri lankan dinner

Supporting reconstruction following the floods



# **NVC Workshop and Sri Lankan dinner**

All profits are donated to local **NGOs** 

#### **Prices**

Workshop 120.-Workshop and dinner 140.-Saturday 2026 Dinner 30.-

Takeaway 20.-

## Infos et Inscription

beenow.eu/srilanka aide@beenow.eu Yohan +41 76 413 70 73 Nalindra +41 78 739 72 77

## Date et place

10th January 2026 **Ecole Steiner Confignon** 2 ch de Narly 1232 Confignon

NVC Workshop - Gratitude and empathy - 9h00-17h00

Sri Lankan Dinner and Music - 18h00 - 21h00

Inscription and reservations until 3rd January



Sri Lanka was struck by Cyclone Ditwah, and the ensuing **FLOODS** triggered an unprecedented humanitarian disaster.

The floods affected more than 1.6 million people and damaged approximately 110,000 homes.

Nonviolent Communication (NVC) allows us to gain awareness and confidence in our ability to approach relational situations with greater serenity and openness to dialogue, aiming for the recognition of our shared needs.

